

## BASIC ORIENTEERING (B-OR), 17 MAY 1975

**OBJECTIVES:** TO TRAIN INDIVIDUALS TO EFFECTIVELY TRAVEL BY ORIENTEERING IN A VARIETY OF WILDERNESS TERRAIN AND TO FAMILIARIZE THEM WITH MODERN MAP AND COMPASS USAGE.

**ATTENDEES:** ASRC TRAINEES AND OTHER INDIVIDUALS WHO HAVE AN EXPOSURE TO, OR WILL PARTICIPATE IN, S+R SITUATIONS AND LAND NAVIGATION PROBLEMS.

**PREREQUISITES:** ALL PERSONS MUST PREREGISTER WITH THE COORDINATOR FOR THIS COURSE. THE REFERENCE FOR THE INSTRUCTION IS BE AN EXPERT WITH MAP AND COMPASS, AVAILABLE AT APPALACHIAN OUTFITTERS AND OTHER SUPPLIERS. ALSO, GENERAL FAMILIARITY WITH WILDERNESS TRAVEL IS NECESSARY. PHASE II IS FOR THOSE WHO HAVE ATTENDED ONE OR MORE ASRC B-OR SESSIONS.

**OUTLINE:**

## PHASE I

INTRO  
 BASIC MAP & COMPASS  
 WALK AROUND  
 LUNCH  
 COURSES

## PHASE II

INTRO  
 REFRESHER  
 COURSE  
 LUNCH  
 COURSES

**STAFF:** CONOVER, HARRISON...

**LOCATION:** PRINCE WILLIAM FOREST PARK, VA, AT THE NATURE CENTER. FROM NORTH: FROM D.C. AND 495, GO SOUTH ON 95. TURN RIGHT (WEST) ON 619, THEN TURN RIGHT INTO PWF. FOLLOW SIGNS TO NATURE CENTER. FROM SOUTH: GO NORTH ON 95 TOWARD D.C. TURN LEFT (WEST) ON 619, SEE ABOVE. FROM WEST: CHECK YOUR MAP TO SEE IF ABOVE ROUTES ARE MORE FEASIBLE. OTHERWISE, GO EAST ON 55, 66, OR 29/211 TO GAINESVILLE, TAKE 66 EAST TOWARD D.C. TO 234 EAST (MANASSAS). FOLLOW 234 EAST THROUGH MANASSAS TO 95 SOUTH. SEE ABOVE.

ASRC B-OR, PWFP, 17MAY75

8MAY75GLH P2/2

TIME: ARRIVE AT PWFP NATURE CENTER BY  $\approx$  0830. SIGN IN AT 0900, CLASSES AT 0915, FINISH BY  $\approx$  1700 SATURDAY.

FACILITIES: TELEPHONE, RESTROOMS, H<sub>2</sub>O.

EMERGENCY NUMBER: (703) PWFP H.Q.

EQUIPMENT: DAY PACK, TRAIL LUNCH, H<sub>2</sub>O, SURVIVAL, HIKING BOOTS + GEAR, ORIENTEERING-TYPE COMPASS (SUUNTO, SILVA...), 2 WAY RADIO IF POSSIBLE.

COORDINATOR: RITA CLOUTIER, W(202) 223-7471, H(202) 966-7652; OR DIRECTOR OF TRAINING, H(703) 361-3030.

DEADLINE:  $\approx$  15MAY75.

