

**KEITH CONOVER, M.D.**  
**36 Robinhood Road**  
**Pittsburgh, Pennsylvania 15220**

13 December 1986

Dear AMRG Member:

I hope this formletter finds all well with you, and I hope you've had a chance to do adequate incident preplanning for the holidays (= "shopping" to non-SAR types).

Members who joined the Group when we first chartered the Group last December (Trainees, that is) were given one year to meet the requirements for certified membership, and that year is now up. The ASRC also revised all the membership categories, which may affect your status. Because of this, and since some members have moved away, resigned, or stopped coming to Group activities, the membership decided (at the December meeting) to do some housecleaning and to update our roster in line with the new membership categories (and incidentally being more rigorous about keeping to the established membership standards). I'll describe the new membership categories briefly:

**TRAINEE MEMBERS** The NEW Trainee Membership category is similar to the old Blue Ridge Mountain Rescue Group category of "observer," and perhaps similar to the AMRG "applicant" listing on the old roster. The only requirement for Trainee Membership is the desire to join and a positive vote at one of the Group membership meetings. Trainees are not permitted to vote, cannot wear any ASRC uniform items, and may participate in ASRC or Group missions only as a closely-supervised observer.

Trainee membership is good for a year, during which time the member is expected to meet the requirements for one of the other membership categories.

**ASSOCIATE MEMBERSHIP** There are three subtypes of Associate Membership: first, members who can participate in the field on ASRC operations, but cannot meet the requirements for full Basic Membership; second, members who participate in missions, but only in Base Camp; and third, members who work with the Group but do not participate in missions at all (e.g. a legal advisor or an accountant). The three categories are named FIELD ASSOCIATE, BASE ASSOCIATE, and \_\_\_ (we don't have a name for the Associates who don't participate in missions, so let us know if you come up with a good one). As with Trainees, Associates without Field or Base qualifications are not to wear the ASRC uniform or participate in missions except as supervised observers. Field- and base-qualified Associates may wear the ASRC uniform (described on the last page of the ASRC Training Guide) and any Associate may be given the right to vote in Group (but not ASRC) meetings, at the option of the Group.

The requirements for Field and Base Associate membership are the same as for the old Trainee Membership:

1. meet the personal equipment requirements,
2. pass a test based on the ASRC Search and Rescue

Name	New Category	Needed to become Field or Base Associate
Abbitt	TRAINEE	SAROP, Equipment
Alson	TRAINEE	SAROP, Equipment (has voting rights which were granted under old Associate status)
Bradwell	TRAINEE	SAROP, Equipment, First Aid**
Conover	BASIC	-- *
Fogle	FIELD ASSOC.	--
Grandey	TRAINEE	SAROP, Equipment**
Greenaway	FIELD ASSOC.	--
Grieff	ASSOC.	--
Harchelroad	ASSOC.	--
Hemple	TRAINEE	SAROP, Equipment, First Aid**
Holtzinger	TRAINEE	SAROP, Equipment
Hrivnak, Ed	FIELD ASSOC.	--
Hrivnak, Eric	TRAINEE	SAROP**
Kihl	TRAINEE	SAROP, Equipment**
Jones, Don	TRAINEE	Equipment
Jones, Tom	TRAINEE	SAROP, Equipment, First Aid
Klein	TRAINEE	SAROP, Equipment, First Aid
Kuga	FIELD ASSOC.	-- (Basic, soon!)
Lasek	ASSOC.	-- (has voting rights)
Lindell	FIELD ASSOC.	--
Mandarino	FIELD ASSOC.	--
Packer	FIELD ASSOC.	--
Peet	TRAINEE	SAROP
Randall	BASIC	-- *
Robinson	ASSOC.	--
Schoemer	TRAINEE	SAROP, Equipment, First Aid**
Snuggs	ASSOC.	-- (has voting rights)
Stanton	TRAINEE	SAROP, First Aid
Storick	***	
Stoy	TRAINEE	SAROP, Equipment**
Terry	ASSOC.	(Fran has moved but will still attend an occasional training session; voting rights dropped.)
Thomas	ASSOC.	-- (has voting rights)
Uilsack	TRAINEE	SAROP, Equipment
Uint	TRAINEE	Equipment
Weinel	ASSOC.	****
Yee	TRAINEE	SAROP, Equipment
Wardle	TRAINEE	SAROP, Equipment, First Aid
Wiederstein	TRAINEE	SAROP, Equipment, First Aid
Zimecki	FIELD ASSOC.	--

\* needs to retest in March

\*\* Trainee membership expires next month, but I'm extending it for 3 more months.

\*\*\* membership expired; inadequate participation.

\*\*\*\* inadequate participation to stay as Field or Base Associate, but still wants to work with Group.

9. You are backpacking along the Appalachian Trail in Virginia, and meet a Sheriff's Deputy. He learns of the ASRC from you, and says he will call the ASRC the next time he has a search in his county. You should tell him to call \_\_\_\_\_ if he wants ASRC assistance.

- a. the University of Virginia Police Department in Charlottesville, Virginia
- b. the Virginia Department of Emergency Services Emergency Operations Center in Richmond, Virginia
- c. the University of Virginia Emergency Medical Communications Center (MEDCOM) in Charlottesville, Virginia
- d. your home phone number

10-17: Matching -- Phases

(each letter may be used once, more than once, or not at all)

10. Quick Response Team

11. Overhead Team

12. Base Officer

13. sweep search task (wide-spaced line search)

14. close-spaced line search task

15. ASRC Command Staff last

16. Alert Officer

17. last resort search mode

- a. Alert and Mobilization Phase
- b. First Response Phase
- c. Scratch Search Phase
- d. Saturation Search Phase
- e. Withdrawal Search Phase

18. (T or F) A Field Team consists of a Field Team Leader, Assistant Team Leader, MEDIC, Rescue Specialist, Radio Operator, and perhaps some additional Searchers. Therefore, a Field Team needs at least 5 people.

19. An ASRC Dispatch Officer:

- a. works at the Command Post Communications Center and is responsible for supervising all ASRC radio communications.
- b. provides a 24-hour paging or alerting service for an ASRC Group in between missions.
- c. runs the callout of a given Group, and serves as a communications node between the ASRC Command Staff and the members of the Group who are not in the mission area.
- d. all of the above are correct

20. (T or F) The ASRC Alert Officer is the first ASRC member to receive a call for ASRC assistance who has authority to commit ASRC resources, initiate an ASRC callout, and appoint an ASRC Incident Commander.

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APPALACHIAN SEARCH AND RESCUE CONFERENCE, INC.
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ALLEGHENY MOUNTAIN RESCUE GROUP MEMBERSHIP TESTS

STANDARD FIRST AID CHALLENGE TEST

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Mark each question true (T) or false (F). Read the questions carefully. There are 27 questions on 2 pages; you must get 20 right to pass. A few advanced questions are for members with advanced training.

- 1. The "ABC" priorities of cardiopulmonary resuscitation (CPR) are:
A for airway,
B for bleeding, and
C for coma.
2. Hyperextension of the neck (tilting the head back) is a good first attempt to open the airway of any unconscious person.
3. You are in a restaurant; a man at the next table is choking on a piece of meat. He is gasping and making loud wheezing noises. You should come up behind him and administer abdominal thrusts.
4. The first attempt to stop bleeding should be direct pressure.
5. If you must resort to a pressure point to stop bleeding, you should continue elevation and direct pressure.
6. A laceration is a ragged tear or break in the skin.
7. Cuts, especially deep ones, should be rinsed out with alcohol or mercurochrome to prevent infection.
8. "If the face is pale, raise the tail." This is useful, because elevating the legs is good first aid for a person in shock.
9. Two contraindications for oral fluids (reasons for not giving water or other fluids by mouth) are:
a. internal injuries, and
b. an unconscious or semiconscious victim.
10. Involuntary "guarding of the abdomen" (when the stomach muscles are very tight and hard) may be a sign of internal injuries.
11. The recommended action in a case of poisoning by mouth is to call a Poison Control Center for first aid instructions.
12. The general treatment for poisoning by mouth (assuming you can't contact a doctor or a Poison Control Center) is:
a. dilute,
b. induce vomiting with syrup of ipecac, and
c. give activated charcoal.

KEITH CONOVER, M.D., EDITOR-IN-CHIEF

APPENDIX C-2: EQUIPMENT CHECKLIST FOR FIELD ASSOCIATE MEMBERS

(DRAFT) VERSION 3.0 DECEMBER 1986

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Items in parentheses are recommended, but all others are required. Substitutes may be acceptable but require the approval of the Training Officer. This equipment should be quickly and readily available for missions (i.e. prepacked, or easily located). (Note: this standard is still in draft form, but accepted by the Allegheny Mountain Rescue Group.)

CLOTHING

- Hiking boots
- Sturdy outdoor clothing
- Adequate raingear
- A wind shell jacket with a hood
- Two heavy wool sweaters or shirts, or equivalent warm-when-wet clothing
- A wool balaclava hat or wool stocking cap

GEAR

- A bivouac/storm shelter; two large plastic leaf bags will suffice
- An orienteering-type compass
- An electric HEADLAMP (not flashlight) with alkaline, nickel-cadmium, or lithium batteries; carbon-zinc or "heavy-duty" batteries are not acceptable due to poor performance in the cold.
- Spare batteries AND bulbs for the headlamp.
- A whistle
- A waterproof notebook and pencils
- An emergency fire-starter, e.g. waterproof matches and a candle
- A water bottle or canteen, at least 1 liter capacity
- A rucksack or large daypack
- A pocket knife

**APPALACHIAN SEARCH & RESCUE CONFERENCE, Inc.**  
**ALLEGHENY MOUNTAIN RESCUE GROUP-AMRG**

**Call-Out Roster**

Revised September 1<sup>st</sup> 1986

In Pa. Call 800-MED-STAT

Elsewhere Call (412)-647-7828

	Name	Phone *	Membertype	Address	Office Held
1	Conover, Keith M.D. Green/Blue/Green WD4PSY	H-412-561-5413 W-412-359-5131 W2 - 741-6600 (ASK FOR E.R.)	Basic M.D.	36 Robinhood Rd. Pittsburgh, PA 15220	ASRC Board Delegate, Training Officer
2	Randall, Bru (Currently out of country)	H-055-823-647	Basic EMT	26 Orange St. Leongatha, Victoria, Australia 3953	ASRC Board Delegate
3	Abbitt, Michael	H-412-561-4665 W-412-259-2482 622-6936?	Trainee EMT-P	5024 Coral St. Pittsburgh, PA 15224	
4	Bradwell, Bill Green/Red/Yellow	H-412-279-2792 E-412-279-5955	Trainee First Responder	1668 Collier Ave. Heidelberg, PA 15106	
5	Charles, Ed  622-6936?	H-412-244-1143 W-412-255-2461 W-412-888-8323 A.S.B.	Trainee EMT-P	1127 Goodman St. Pittsburgh, PA 15218	
6	Fogle, Richard A. White/Orange/White	H-412-795-5104 W-412-795-1085 P-412-765-4922 E-412-793-7434	Trainee EMT	5240 Verona Rd. Verona, PA 15147	Treasurer, Cave Rescue Coordinator
7	Grandey, Jack	H-412-941-1355 W-412-787-0190	Trainee EMT-P	237 Marion Dr. McMurry, PA 15317	Vice Chairman & Information Officer
8	Greenaway, John Blue/Gold/Blue	H-412-573-3780 W-412-573-0303	Trainee EMT	419 Oliver Dr. White Oak, PA 15131	
9	Hemple, John C.	412-943-5278	Trainee	Rt. 1 Box 371 Dilliner, PA 15327	
10	Hrivnak, Ed	H-412-835-2904 W-412-835-7533	Trainee	5962 Irishtown Rd. Bethel Park, PA 15102	
11	Hrivnak, Eric	H-412-835-2904	Trainee	5962 Irishtown Rd. Bethel Park, PA 15102	
12	Jones, Donald M.	H-412-364-2445 W-412-231-5151 821-4367	Trainee	424 East Ohio St. Pittsburgh, PA 15212	
13	Kihl, John R.	H-412-833-8891 W-412-247-2321	Trainee RN	26 Patricia Dr. Greensburg, PA 15601	Communications Officer
14	Kuga, Michael S. O.D./White/Red/ Orange/Yellow	H-412-266-9181 W-412-266-8343	Trainee	1325 Highland Ave. Ambridge, PA 15003	Operations Officer, Stores Officer
15	Lindell, Dave Orange	H-412-363-8036 W-412-665-3654	Trainee EMT-P	6725 Reynolds St. Pittsburgh, PA 15206	Chairman
16	Mandarino, Jim Red/White/Red	H-412-321-6008	Trainee		
17	Packer, Richard	H-412-443-3526 W-412-784-4189 E-412-784-4000- Page	Trainee EMT-P	5256 Turner Rd. Gibsonia, PA 15044	
18	Peet, Andrew C. M.D.	H-412-744-6799 W-412-339-3131 H-766-2417	Trainee M.D.	84 Gibson St. Emsworth, PA 15202	Alert Systems Officer/Equip- ment Officer

(DISCONTINUED)  
 NEW -  
 821-4367