

BLUE RIDGE MOUNTAIN RESCUE GROUP

APPALACHIAN SEARCH AND RESCUE CONFERENCE

Certification Test for Basic Membership January 1980

NAME _____

26 JAN 80 KC
page 1/2

1. This test is a selective test for those Trainees who have completed the Group Basic course or equivalent training. Those who have not participated in such training are welcome to take a comprehensive certification test planned for April or May; Trainees who have attended the Basic course are of course welcome to take the comprehensive test in the spring in lieu of this test.

2. The first part of the test consists of 5 practical stations:

a. Knots. You must successfully and properly tie the announced knots within the specified time limit. Knots must be properly countoured, tied off, and with standing ends to the outside where appropriate. All knots must be tied correctly in the time limit to pass.

i. ASRC seat harness (5 minutes)

Instructor signature

(note: instructors should sign when a station or section is passed, and leave failed sections or stations blank. Students are responsible for obtaining a signature for every section passed. A station may be repeated until it is passed.)

ii. butterfly knot (1 minute)(no backup necessary) _____

iii. bowline-on-a-coil (1½ minute) _____

b. Rappels. You must successfully and properly rig in with the announced rappel rigs within the specified time limit. You must rig all rappel methods correctly within the specified time limit to pass.

i. rack (1 minute) _____

ii. biner wrap (1 minute) _____

iii. figure 8 double wrap (1 minute) _____

c. Semi-tech evacs. You will be formed into teams of 4, with 3 rope team members and a "litter captain". Your team must make 1 3-pitch or greater ascent, and 1 3-pitch or greater descent without error or awkwardness. If, after three tries, your team has not passed, you must return after all other teams have had an opportunity to try this station.

d. Belaying. You will be formed into teams of 2. Each must set up a belay stance, tie in, and belay the other up and down a 4th class climb. No mistakes must be made or the belayer fails.

e. Land navigation. You must navigate a point-to-point orienteering course, and must record the letter on each station you find. You must bring back a correct listing of all but 2 station letters to pass.

3. Upon returning from the orienteering course, you are to begin taking the written test. The test is closed-book, with the exception that you may use the ASRC Communications crib sheets if they are normally carried in the field with you. You will be asked to put aside your written test at the request of an instructor to participate in the last two sections of the test, described below.

4. In order to become a Basic member, you must possess or have available to you all of the following equipment. Please check all of the equipment which you have available to you; if you have something which you regard as being equivalent to the listed item, or you think the listed item is unnecessary, consult with the Training Officer during the oral exam.

<u>Clothing</u>	<u>Outdoor Gear</u>	<u>Rescue Gear</u>
<input type="checkbox"/> hiking boots	<input type="checkbox"/> rucksack	<input type="checkbox"/> climbing helmet
<input type="checkbox"/> winter boots	<input type="checkbox"/> water bottle	<input type="checkbox"/> leather gloves
<input type="checkbox"/> crampons, ^{or} instep crampons, or creepers	<input type="checkbox"/> orienteering compass	<input type="checkbox"/> seat harness
<input type="checkbox"/> wool pants	<input type="checkbox"/> headlamp	<input type="checkbox"/> tie-in
<input type="checkbox"/> rain protection for legs	<input type="checkbox"/> spare batteries (alkaline or lithium)	<input type="checkbox"/> locking carabiner
<input type="checkbox"/> wind shell for legs	<input type="checkbox"/> spare bulbs	<input type="checkbox"/> rappel device
<input type="checkbox"/> raingear (waterproof) with hood	<input type="checkbox"/> fire starter	<input type="checkbox"/> ascending system
<input type="checkbox"/> heavy wool sweater	<input type="checkbox"/> bivouac shelter	
<input type="checkbox"/> wet/cold vest, parka, or spare sweater	<input type="checkbox"/> 8000 kcal. rations	
<input type="checkbox"/> balaclava or wool stocking cap	<input type="checkbox"/> warm sleeping bag	
<input type="checkbox"/> wind shell jacket with hood	<input type="checkbox"/> ensolite pad	
<input type="checkbox"/> wool mittens and shells suitable for winter ropework	<input type="checkbox"/> personal first aid kit	
	<input type="checkbox"/> whistle	
	<input type="checkbox"/> pocketknife	
	<input type="checkbox"/> cooking cup and spoon	
	<input type="checkbox"/> watch	
	<input type="checkbox"/> 3-4 lge. ziploc bags	
	<input type="checkbox"/> waterproofing system for pack contents	

5. You must have an interview and oral exam with the Training Officer.