

# APPALACHIAN SEARCH AND RESCUE CONFERENCE

TRAINING: CLASSES ~~BEING~~ OFFERED (1974)

NOTE: THESE CLASSES ARE NOT REQUIRED FOR ASRC CERTIFICATION; BUT INFORMATION ON THE ASRC CERTIFICATION <sup>TEST</sup> WILL BE DRAWN FROM THE STARRED COURSES.

## I. SURVIVAL

- \* A. OUTDOOR PRINCIPLES: A survey of basic survival principles, wilderness travel and safety. [6 classroom hours] (no-prerequisites)
- \* B. MAP AND COMPASS: An introduction to topographic maps, magnetic compasses, and their use. [3 classroom, 3 field hours] (no prerequisites)
- C. BACKCOUNTRY SEMINAR: Practical training in wilderness travel. Fifteen miles of cross-country backpacking in Dolly Sods Wilderness, W. Va. [48 field hours] (pre-requisites: IA, IB)
- D. ORIENTEERING: Advanced map and compass techniques. [2 classroom, 5 field hours] (pre-requisite: IB)
- E. ADVANCED OUTDOOR TECHNIQUES: Winter principles; long term survival [no set hours] (pre-requisite: permission of instructor)

## II. MEDICAL

- \* A. SEARCH AND RESCUE FIRST AID: First aid principles as applied to a wilderness context. [6 classroom hours] (pre-requisite: Red Cross Advanced course or equivalent)
- B. SEARCH AND RESCUE EMERGENCY MEDICINE; Emergency medicine in search and rescue situations; CPR treatment, etc. A continuation of (A). [12 classroom hours] (pre-requisite: II A)

III. SEARCH AND RESCUE

- \* A. BASIC SEARCH TECHNIQUES: Survey methods, scratch searches, line search, and principles. [1 classroom, 5 field hours] (no pre-requisites)
- \* B. BASIC ROPEWORK: Rope handling, belays, rappells, ascenders, knots, slings, hardware, and safety. [6 classroom / field hours] (no pre-requisites)
- \* C. LITTER HANDLING: The Stokes wire basket litter; functions and uses [2 classroom, 4 field hours] (no pre-requisites)
- D. TECHNICAL RIGGING: Advanced ropework; anchors, stressing, suspension and hauling systems, etc. [6 classroom / field hours] (pre-requisite: II B)
- E. ADVANCED RESCUE TECHNIQUES: Avalanche search, Reeves Stretcher, tragsitz, high angle techniques. [no set hours] (pre-requisite: permission of instructor)

IV. OPERATIONS

- \* A. COMMUNICATIONS AND MANAGEMENT: Theory and practice. [6 classroom hours] (no pre-requisites)
- B. LEADERSHIP SEMINAR [no set hours] (pre-requisites: certification and permission of instructor)

I.T. is not intended that Rescue Group members attend all the above classes; their purpose is to provide instruction in those areas in which members feel they need additional knowledge and practice. Pre-requisites may be waived by the instructor upon demonstration of competence by a member.