

BLUE RIDGE
RESCUE GROUP
BOX 101-X NEWCOMB HALL
CHARLOTTESVILLE, VA 22903

APPALACHIAN
SEARCH AND RESCUE
CONFERENCE

1718 N ST. NW

WASHINGTON,

D.C. 20036

9 DEC. 1974 KC

GREETINGS!

YOUR NAME APPEARS ON THE LATEST BRRG. ROSTER,
AND WE ARE NOW IN THE PROCESS OF UPDATING AND
REVISING THAT ROSTER. IF YOU WOULD LIKE TO CONTINUE
AS AN ACTIVE BRRG MEMBER, THERE ARE SEVERAL THINGS
YOU SHOULD DO. (1) FILL OUT AND RETURN THE ROSTER FORM
AS SOON AS POSSIBLE. (2) TRY TO PREPARE YOURSELF FOR
THE EVENTUALITY OF AN OPERATION. ENCLOSED YOU WILL FIND
A COPY OF THE INFORMATION HANDOUT WE ARE GIVING OUT TO
AREA AUTHORITIES, WHICH MIGHT HELP YOU GET SOME IDEA OF
THE KIND OF STUFF WE WILL BE DOING.
(3) THIS TIES IN WITH #2. YOU SHOULD START PREPARING
YOURSELF FOR ASRC MEMBERSHIP, AS THIS WILL SOON BE
REQUIRED OF ALL BRRG MEMBERS.

PROPOSED ASRC MEMBERSHIP REQUIREMENTS

I. The following ASRC Certificates:

- A. Basic Survival and Wilderness Travel
- B. Basic Orienteering
- C. Basic Handling and Transportation
- D. Basic Search

II. Medical:

- A. Red Cross Standard First Aid or Equivalent
- B. Cardio-Pulmonary Resuscitation Card

III. Readiness:

- A. Personal Equipment (see enclosure)
- B. Willingness to serve.

IV. Practical Exam

V. Sponsorship and Voting in.

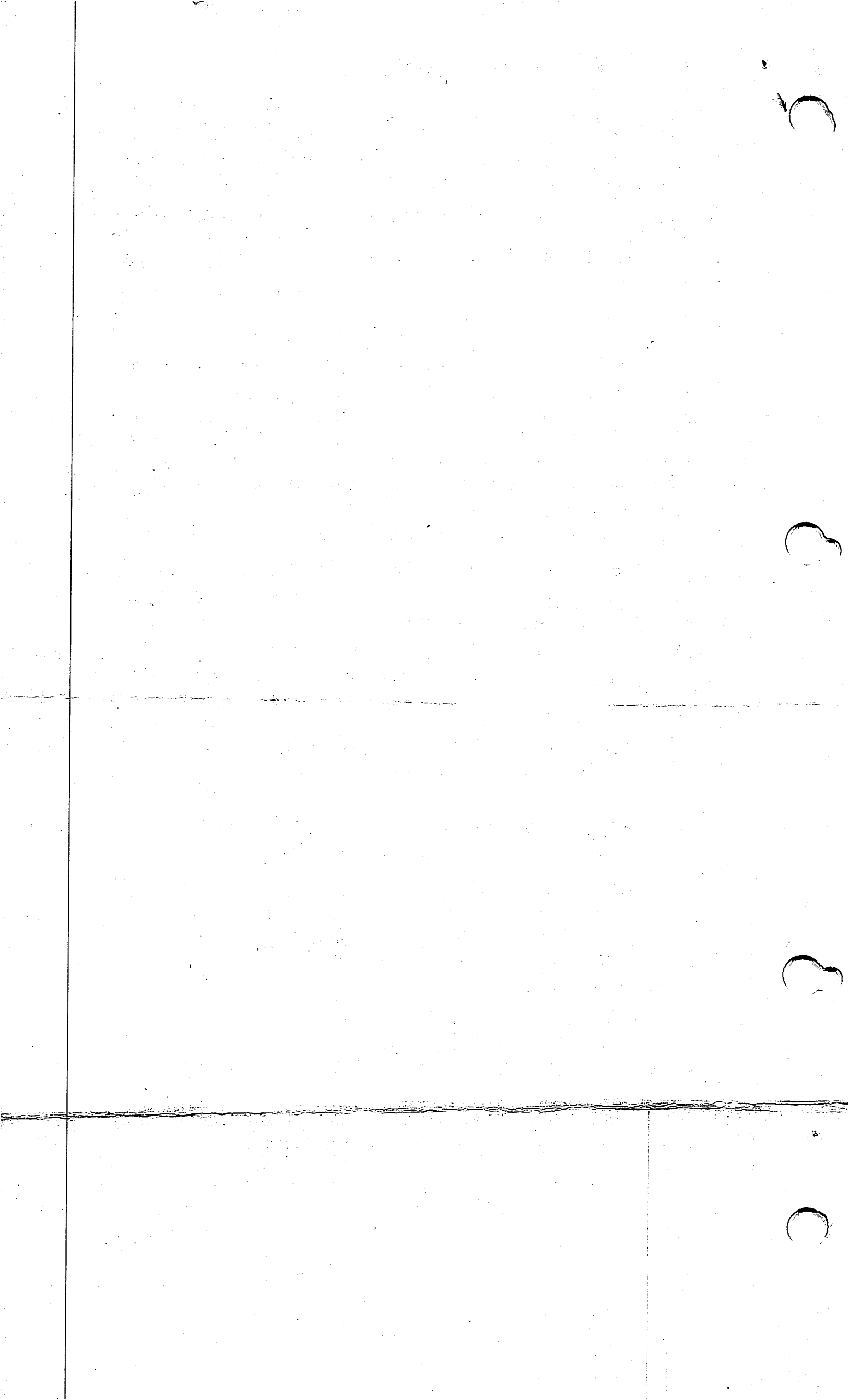
IF YOU HAVE ANY QUESTIONS, FEEL FREE TO CALL.

Keith

KEITH CONOVER

BRRG CHAIRMAN

295-2050

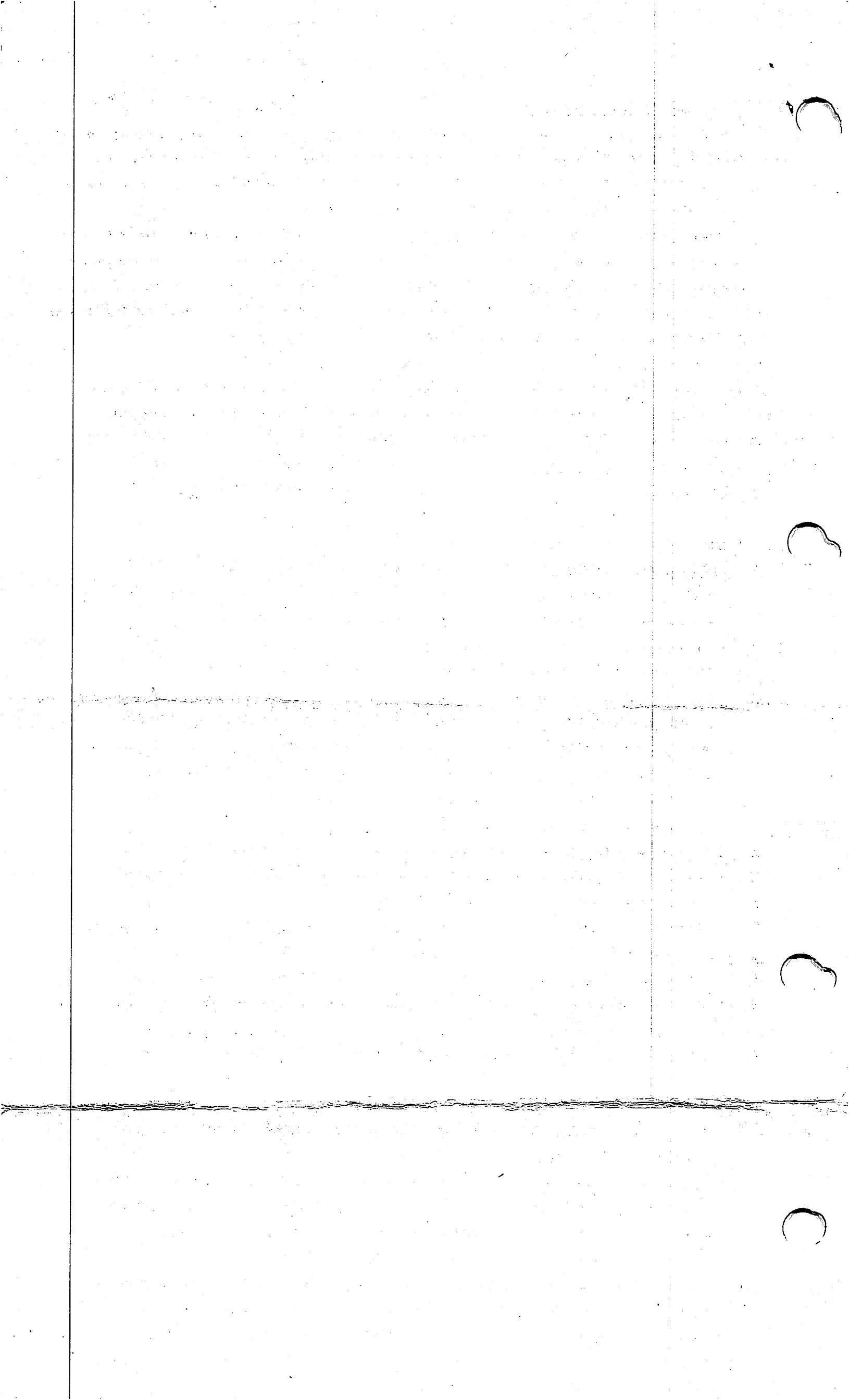


SEARCH + RESCUE OPERATIONS REQUIRE PARTICIPANTS TO POSSESS SKILL, EXPERIENCE AND EQUIPMENT. THE PERSONALLY-OWNED EQUIPMENT IS ESSENTIAL TO INDIVIDUAL SURVIVAL AND EFFECTIVE FUNCTIONING IN ANY TERRAIN, WEATHER OR GROUP. WHEN STORED, IT SHOULD BE ASSEMBLED IN OR WITH THE RUCKSACK, AND ALL ITEMS SHOULD BEAR THE INDIVIDUAL'S ASRC-REGISTERED COLOR-CODG. AS SOMEONE ELSE MAY HAVE TO BRING THE GEAR TO THE SCENE, THERE SHOULD BE A LIST ATTACHED NAMING MISSING ITEMS AND THEIR LOCATION. ALL SHOULD BE ACCESSIBLE.

ASK: "IF I WAS PICKED UP ON THE STREET, COULD I FUNCTION WHEN ^{GIVEN} MY RUCKSACK PLUS THE LISTED ITEMS?". THE FOLLOWING LISTS ARE OF MINIMUM EQUIPMENTS, AND 'BRAND-NAME' ITEMS ARE RELIABLE GOALS ALTHOUGH EQUIVALENTS MAY BE ACCEPTABLE.

I. RUCKSACK + CONTENTS

- A. RUCKSACK: BEING SOFT, IT IS USUALLY MORE EFFECTIVE THAN A 'FRAME' PACK IN WOODED OR CLIMBING SITUATIONS; LARGE ENOUGH TO CARRY ALL PERSONAL GEAR PLUS AT LEAST 1/2 CUBIC FOOT OF TEAM GEAR; SHOULD HAVE CAPABILITY TO CARRY OR LASH OVERNITE GEAR (BAG...), ROPES, ETC. 'KELTY TOUR-PACK, JENSEN, RAPPACK...'
- B. FIELD RATIONS: HAVING TO BE UNDER STRENUOUS CONDITIONS, PARTICIPANTS NEED BOTH HIGH ENERGY AND QUICK ENERGY FOODS; TOTALLING AT LEAST 4500 KCAL; SHOULD INCLUDE HOT-PREPARATION + NO-PREPARATION TYPES; TRAIL SNACKS SHOULD BE EXTRA.
- C. WATER: FRESH + DATE LABELED; AT LEAST 1 QT IN LIGHTWEIGHT CONTAINER; UNDRINKABLE.
- D. CUP: 'SIERRA' OR EQUIV; COOKING + DRINKS; METAL.
- E. BAGS: 'ZIP-LOK' OR EQUIV; LARGE; FOR MAP COVERS, FOOD + WATER, PROTECTING GEAR, ETC; ABOUT 1/2 DOZEN.
- F. MATCHES: 'KITCHEN' OR EQUIV; IN WATERPROOF CASE; WITH HEADS AWAY FROM STRIKE SURFACE; ABOUT A DOZEN.
- G. CANDLES: 'PLUMBERS' OR EQUIV; LIGHT OR FIRE STARTER.
- H. STORM SHELTER: 'TMRU' OR EQUIV; ~~OR HEAVY DUTY TENT BAG~~ FOR EMERGENCY SHELTER.
- I. WHISTLE: 'POLICE' OR EQUIV; FOR EMERGENCY OR NOISY-AREA SIGNALING.
- J. COMPASS: 'ORIENTEERING' OR EQUIV; PREFER LUMINOUS FACE.
- K. FIRST AID KIT: PERSONAL, SEALED + PROTECTED; SEE SEPARATE LIST.
- L. CORD: AT LEAST 30 FEET OF SMALL DIAMETER 'PARACHUTE' OR 'AVALANCHE' TYPE.
- M. HEADLAMP: 'WONDER' OR 'JUSTRITE' OR EQUIV; ELECTRIC WITH:
 - 1) HOOK OR ATTACHMENT TO HELMET,
 - 2) ADD-ON RED (NITE-VISION) FILTER,
 - 3) FRESH AND SPARE ALKALINE BATTERIES WITH DATE LABELS,
 - 4) LOW AND HIGH INTENSITY BULBS + SPARES.
- N. GLOVES: HEAVY LEATHER FOR ROPES + PROTECTION; SHOULD FIT WELL, FLEX AFTER DRYING, AND CLIP ONTO CARABINER.
- O. CLOTHES: SPARES, INCLUDING DRY SOCKS IN PLASTIC BAG.
- P. SPECIAL: GLASSES STRAP, SPARE GLASSES, SPECIAL MEDICATIONS & ITEMS, ETC, AS APPROPRIATE.



II. ITEMS CARRIED ON PERSON

- A. APPROPRIATE CLOTHING: SUITABLE FOR THE NORMALITIES AND ABNORMALITIES OF THE AREA AND SEASON; DAY OR NITE; RECOMMEND KNICKERS, FISHNETS, 60/40 PARKA, WOOL CLOTHES, CAROLE, KNIT CAP, RAU-WOOL SOCKS, ETC.
- B. HELMET: 'MSR' STRONGLY URGED; WITH ¹⁾ LAMP ATTACHMENT, EPOXIED AND ²⁾ NON-STRETCH CHINSTRAP WITH ONE-HAND QUICK-RELEASE BUCKLE.
- C. BOOTS: STURDY MEDIUM-WEIGHT HIKING; 'VIBRAM' OR EQUIV LUG SOLES; WATER PROOFED; SPARE LACES.
- D. BANDANNA: FOR FACEMASK, BANDAGE, SWEATBAND...
- E. WRISTWATCH: VERY STURDY (OF COURSE!), WITH LUMINOUS DIAL.
- F. KNIFE: 'SWISS ARMY' URGED; ON A LANYARD; SHARP!

→ SEE III. FIRST AID KIT.

IV. PERSONAL ADDITIONS

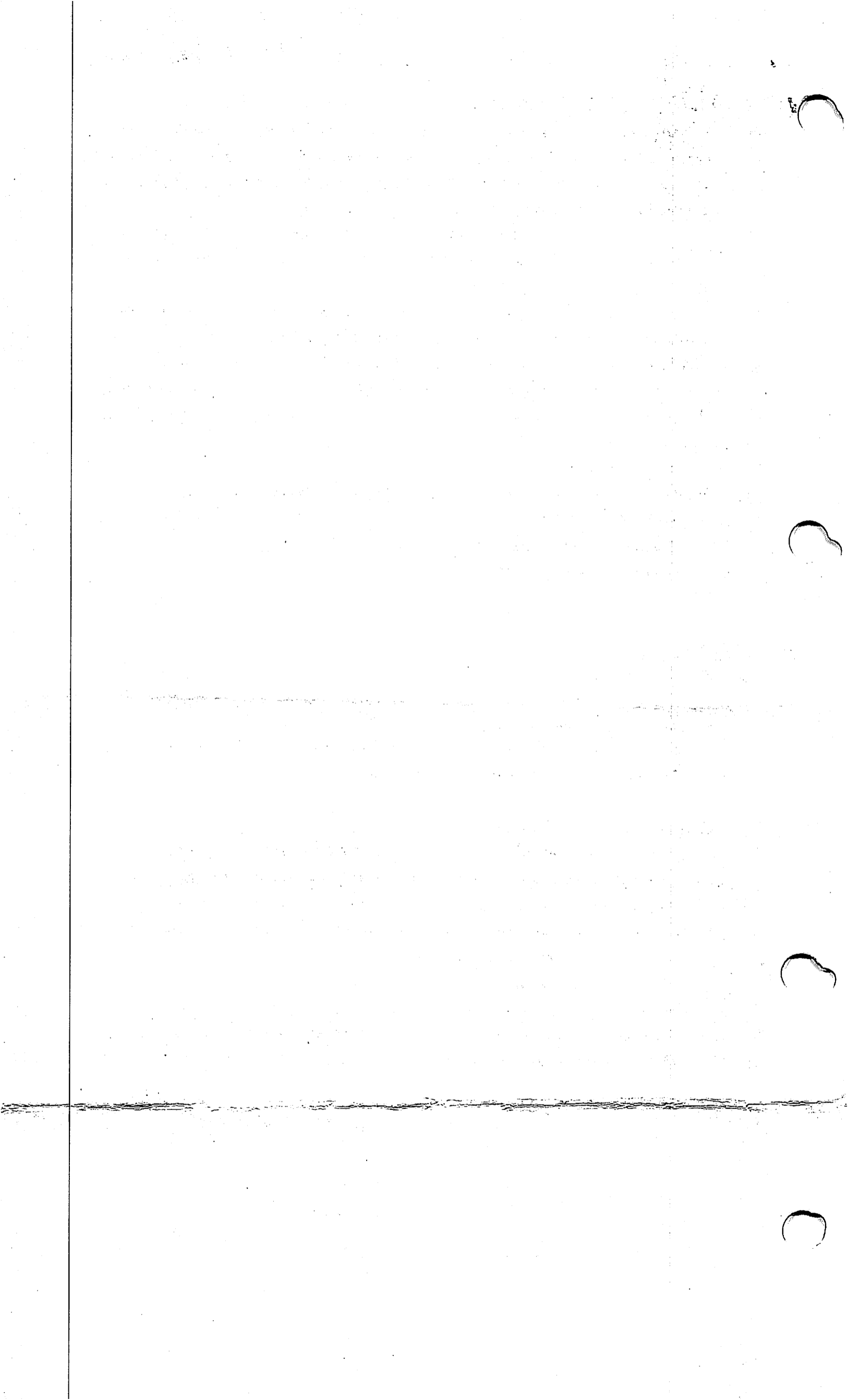
- A. VERTICAL GEAR - ~~FOR~~ FROM VERTICAL ROPEWORK COURSES
 1. SEAT HARNESS
 2. DESCENDING SYSTEM
 3. ASCENDING SYSTEM

~~B. OVERNITE GEAR~~

1. SLEEPING BAG: 'DOWN' OR 'FIBERFILL'; LIGHT WEIGHT AND SUITABLE FOR BAD WEATHER.
2. GROUND PAD: 'ENSOLITE' OR FOAM; TO PREVENT CONDUCTION.
3. SLEEP SHELTER: 'TUBE-TENT', MOUNTAIN-TENT, ETC.

V. ~~B. GROUP GEAR~~, ^{POSSIBLY} PERSONALLY OWNED

- A. PACKSTOVES: 'MSR' OR EQUIV; PREFER 2 PER GROUP.
- B. TENTS: 'MOUNTAIN' TYPE OR EQUIV, AS APPROPRIATE; ENOUGH TO HOUSE ALL PARTICIPANTS PLUS VICTIMS.
- C. RADIOS: TO COMMUNICATE WITH BASE, PREFER 2 PER GROUP.
- D. LITTERS: AS NEEDED, WITH RIGS.
- E. ROPES: AS NEEDED.
- F. FIRST AID KIT: HEAVY-DUTY; FOR VICTIMS; CARRIED BY EMT.
- G. CAMERA: FOR DOCUMENTATION; USUALLY CARRIED BY OWNER
- H. EXTRA RATIONS: AS NEEDED



FIRST AID KIT, PERSONAL

A.	TOLFA PAD, 3x4	2
B.	GAUZE PAD, 2x2	6
C.	BANDAGE COMPRESS, 4"	1
D.	BANDAGES, 1"	12
E.	ELASTIC BANDAGE, 2 1/2"	1
F.	ADHESIVE TAPE, 1"	6 FEET
G.	'MOLESKIN'	12 SQ. IN.
H.	ASPIRIN	12
I.	SALT TABLETS, WAXED	12
J.	IODINE WATER PURE TABLETS	25
K.	ANTISEPTIC SOAP IN VIAL	1/2 OZ
L.	TWEEZERS w/ TINY POINTS	1
M.	SAFETY PINS	4
N.	NEEDLE + THREAD	2
O.	SINGLE EDGE RAZOR BLADE	1
P.	SEALED, CRUSHPROOF CONTAINER	1

