

PERSONAL QR GEAR (SUMMER)--KEITH CONOVER

I. Boots, glasses, contacts, swiss army knife (usually on person except possibly boots).

II. Eiger pack (tan rucksack) with:
minimum survival kit (2 cans, compass, cup)
minimum first aid kit (2 cans)
small water bottle
wool shirt
cagoule
rain pants
windshirt
balaclava
wool gloves
leather glove shells.

For updated version, see

<http://www.conovers.org/ftp/sar-gear.pdf>

ESSENTIAL EQUIPMENT (I, II, III, IV)

III. Jensen (full) pack with:

- A. small ensolite pad
- B. space blanket and bivouac sack
- C. down booties and wool underwear bottoms
- D. fiberfill vest
- E. stove (with pot, handle, pump, matches, windscreen, spoon)
- F. first aid kit
- G. ditty bag with spare glasses and contacts, candle, waterproof matchcase, parachute cord, toothbrush
- H. headlamp
- I. pack raincover
- J. water bottle (1 liter)
- K. 100 mW CB/26.620 radio
- L. 1 roll plastic surveyor's tape
- M. food-- 2 meat-type bars, 2 breakfast bars, 4 pkg cocoa, 3 soup packets, 1 bag nuts, spoon
- N. knicker and liner socks
- O. belt pouch-- sunglasses, map case, toilet paper, whistle, compass, notebook and pencil, hat, headband, insect repellent, sunscreen, bandanna
- P. equipment sling--
 - 1 yellow runner (4M) 2 MSR rescue pulleys
 - 1 green runner (2M) 1 figure 8 descender
 - 2 blue runners (1M) 2 prusik loops
 - 2 gray runners (.5M) 1 1" seat sling
 - 3 Bonaiti locking D carabiners 1 adjustable tie-in
 - 4 Bonaiti ultralight carabiners 1 pair leather gloves
 - 7 assorted chocks
- Q. helmet
- R. search trauma kit (in two side pockets).

IV. Blue Kelty cargo bag with:

- A. clothing:
 - 1 pr. liner socks
 - 1 pr. rag socks
 - 1 pr. knicker socks
 - underpants
 - light wool knickers

(CONTINUED)

- 60/40 knickers
- gaiters
- fatigue pants
- fatigue shirt
- fishnet t-shirt
- wool underwear tops
- B. sleeping bag
- C. instep crampons
- D. wool mittens, mitten shells, wool cap
- E. pot with additional food
- F. extra 1 liter water bottle
- G. extra fuel for stove
- H. 15M 7 mm rope.

ADDITIONAL GEAR

- V. Tent (purple stuffsack).
- VI. Climbing gear:
 - A. Edelrid rope
 - B. climbing shoes
 - C. blue stuffsack with equipment.
- VII. Caving gear
 - A. personal (orange cargo bag)
 - B. trauma kit (diver's bag).
- VIII. Vehicle medical kit (blue case).
- IX. CB mobile radio.

Items III through IX are marked with 2½" by 5" tags for quick identification.